

# HUGO'S 7 RIGHTS OF INFORMED INDUCTION OF LABOUR



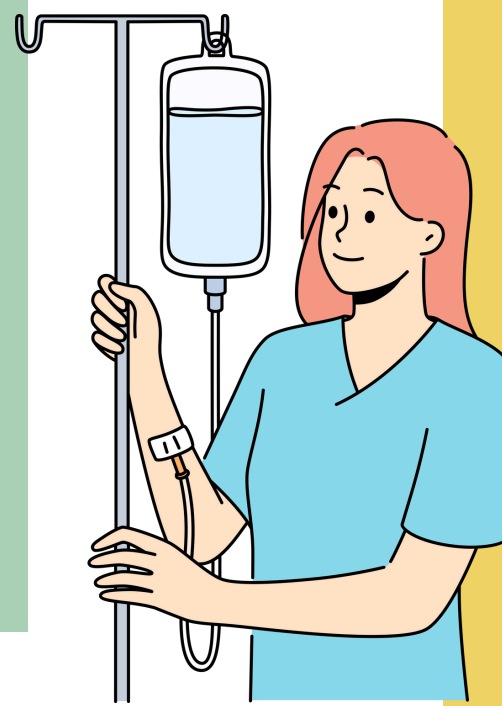
## INFORMED CONSENT

Has the provider gone through the risks, benefits and all options? Is the informed consent continuous and happening all through the birth and at every adjustment of syntocinon? Are you being told the medical reasoning for the increase or decrease of syntocinon? If not, it's not consent.



## SAFE SYNTO DOSE

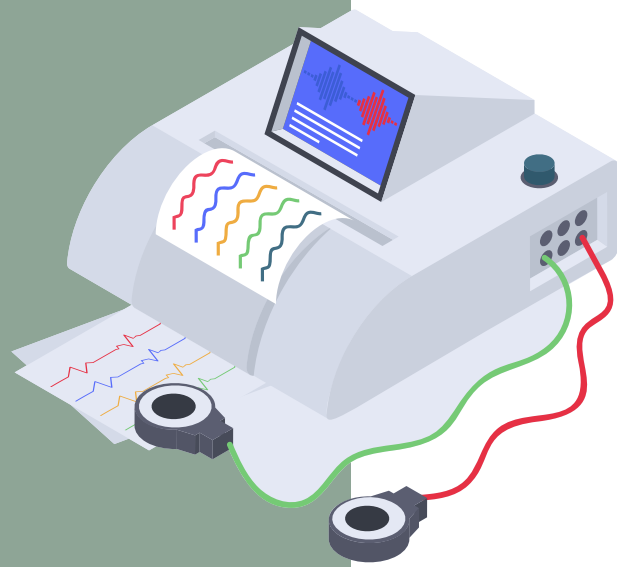
Is the dosage of syntocinon safe for your situation? What is the clinical rationale for the adjustment of the drug? Ask every time it is adjusted



## SAFE FETAL MONITORING

is your CTG in normal range? Are there concerns? Request the midwife explain what the trace is showing for:

Fetal Heart Rate  
Amount and frequency of contractions. They should check every 15 to 30 minutes as per RANZCOG guidelines



## UTERUS CHECK

The midwife should palpate your uterus against the CTG trace to determine accuracy and pick up any abnormalities.

Midwife must do this every time synto is adjusted or performs a vaginal exam. You can also request one.



## OBSTETRIC REVIEW

If there is a concern for you or your baby, an obstetrician must be present in the room to conduct a review and physical clinical check. They must talk to you themselves with their medical opinion.



## SAFE STAFFING

Is the staffing level safe? Will there be a one on one midwife present in the room at all times? If not, do not agree to be induced



## DOCUMENT

Document all the above in a time stamped email or on a form. Do this at every adjustment of synto and after obstetric review or at any time you feel it is needed. Take a time stamped picture.

